

# Emotional Support

Travel abroad can bring unforeseen stress and strain to students and faculty members. That is why we have developed the world's leading assistance service to help you support your community's mental and emotional, as well as, physical wellbeing.



## Stress Impacts Learning

Exposure to new environments, security incidents, medical or mental health conditions and even just being too far from home can impact your students, faculty and staff.

These events can trigger anxiety and psychological issues. This can lead to programme disruption, or something more serious.

## Peace of Mind

In times of stress, your students, faculty and staff need professional emotional support often at short notice and in their native language.

Timely and easy access to support through a single point of contact can prevent situations from spiralling out of control.

## Wellbeing — Wherever, Whenever

In partnership with WorkPlace Options, our short-term counselling services provide your people with psychological support while they are away.

This means they can focus more on their learning, research and work.

## Service Components

Emotional Support delivers:

- Mental health professionals supporting you and your community in over 60 languages
- Support available 24/7, every day of the year
- Up to five counselling sessions per member, per incident
- Counselling method tailored to your needs: phone, video-call or face-to-face
- Seamless integration between medical, travel security and WorkPlace Options emotional support services (no additional calls to make)
- Unlimited consultation for you or your delegated contact throughout a case.

